

# Cabinet



Date of meeting:	11 December 2023
Title of Report:	<b>Full of Life Update</b>
Lead Member:	Councillor Mrs Mary Aspinall (Cabinet Member for Health and Adult Social Care)
Lead Strategic Director:	Ruth Harrell (Director of Public Health)
Author:	Ruth Harrell
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Your Reference:	
Key Decision:	No
Confidentiality:	Part I - Official

## **Purpose of Report**

To update Cabinet on the 'Full of Life!' programme which is supporting ageing well in Plymouth.

## **Recommendations and Reasons**

Cabinet is asked to note this report

## **Alternative options considered and rejected**

NA

## **Relevance to the Corporate Plan and/or the Plymouth Plan**

Plymouth's vision is to be one of Europe's most vibrant waterfront cities where an outstanding quality of life is enjoyed by everyone. Age is a protected characteristic, and looking through the lens of the older person will be important to consider inequalities not just in older age groups but also in other groups with some commonalities, such as those with mobility or sensory issues, with chronic illnesses and carers, for example.

It will also support the growing city aims around increased ability to participate in, contribute to, and benefit from its growth and economic prosperity.

We will ensure there is a read-across to the newly forming NHS Devon ICB Healthy Ageing Programme, which will have a broader remit around ageing well for adults. This will include any implications and opportunities for commissioned services which focus on services for older people.

## **Implications for the Medium Term Financial Plan and Resource Implications:**

The funding that supports this work will mainly use existing staff resources and budgets, influencing the work done to ensure that it is supporting the development of age-friendly communities. Opportunities for external funding will be sought for specific projects within the programme.



**Sign off:**

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Originating Senior Leadership Team member: Ruth Harrell (Director of Public Health)

Please confirm the Strategic Director(s) has agreed the report? Yes

Date agreed: 27/11/2023

Cabinet Member approval: *Councillor Mary Aspinall (Cabinet Member for Health and Adult Social Care)*

Date approved: 24/11/2023